

LPN EDUCATION AND PREVENTION VISIT

Guidance for Counseling the Family of a Child with a BLL of Concern

- **General Considerations**
 - Tailor visit to each child.
 - Repeat educational interventions as necessary.
- **Medical Care**
 - Discuss the importance of follow-up.
 - Review the risks associated with elevated BLLs.
- **Environmental Interventions**
 - Discuss age of patient's home and the possible lead hazards. Provide information about potential sources of lead in context of patients home and environment; i.e. windows, porches, doors, and outdoor play areas. Also, discuss where the child sleeps/eats/plays in relation to areas of lead hazards.
 - Discuss and demonstrate that caregivers can use to reduce their child's lead exposure:
 - Create barriers between living/play areas and lead sources.
 - Regularly wash children's hands and toys.
 - Weekly wet mop floors and wet clean other surfaces.
 - Mist floors before vacuuming.
 - Leave shoes at the door and use a doormat.
 - Prevent children from playing in soil. Suggest covering bare soil with mulch or fresh topsoil.
 - Discuss potential water hazards
 - Do not cook with or allow children to drink hot tap water.
 - Run the tap water cold for 1-2 minutes in the morning and then fill a pitcher with the water for drinking, cooking, and formula preparation.
 - Use bottled water if drinking water is contaminated.
- **Nutrition**
 - Encourage foods high in iron and calcium, low in fat, and eating regular meals as more lead is absorbed on an empty stomach.
 - Offer copy of "Lead Awareness for Parents" DVD from the Coalition to Prevent Lead Poisoning (585) 256-2267
- **Discuss Available Community Resources**
 - Encourage Lead Inspection of home and use of City and County Grants.
 - If parents are renting an apartment or house, inform them of the new City of Rochester Lead Ordinance.
 - Give copy of "Quick Reference List for Local Lead Poisoning Information and Resources" from the Coalition to Prevent Lead Poisoning's website.